46th Annual Al-Anon Family Groups of MD & DC **Spring Convention**

With AA Participation



"Go Thine Own Self Be Grue"

June 9, 10, & 11, 2023

Washington College, Chestertown, MD

Early Bird Prices through May 1 are:

\$110 Saturday Only (all Saturday events and meals)
\$180 No Lodging (full weekend, all events and meals)
\$210 + \$10 Refundable Key Deposit (traditional dorm)
\$250 + \$10 Refundable Key Deposit (room in suite dorm)



Online Registration at: www.TinyURL.com/AFG24SC (PayPal/Credit Card with 3% convenience fee)

Convention starts 4:00 pm Friday and ends after lunch Sunday. Registration is Friday 2:00 to 8:00 PM and Saturday 7:00 to 9:00 AM. Questions? Email Cecelia M. at SpringConventionChair@gmail.com

Topic Meetings • Al-Anon and AA Speakers • Spirituality Speakers
Fellowship • Friday Night Entertainment • Dance • Bingo • Hospitality Room
~ Meals with Vegan and Gluten-Free Options ~

Directions to Washington College and local lodging: https://washcoll.edu/about/directions.php Campus lodging must be reserved by June 4. Registrations refundable through June 4, 2023

MD/DC AFG Convention 2023 Registration Form "A Midsummer Night's Recovery" June 9, 10, 11, 2023 HOW TO REGISTER:

Mail form(s) with your check to: AFG Spring Convention, 1820 Ridge Road, Reisterstown MD 21136 Online Registration at www.TinyURL.com/AFG24SC (PayPal/Credit Card with 3% convenience fee) Questions? Contact Amanda, Treasurer: 301-982-0598; *Treasurer.MDDCSpringCon@gmail.com*

PLEASE NOTE: No minors under the age of 18 are allowed at the Convention

Registrant Information Full registration fee refundable through June 4. After June 4 a \$15 cancellation fee will be charged					
Name:					
Street Address:					
City: State Zip				REGISTRATION	
Phone Number:			DEADLINE: June 4, 2023		
Email Address:		_			
Roommate(s):					
To assist with room assignments, please check Male					
Indicate any concerns or special physical needs:		-	_		
Emergency contact (optional):					
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Registration Options, including all meals Meals and Events, No Lodging		By May 1	After May 1	<u>Onsite</u>	
Saturday Only (Meals: breakfast, lunch and di	inner)		\$120	<u> </u>	
Full Weekend	,	\$180	 \$190	\$205	
Lodging, Meals and Events (includes \$10 refundate	ole key deposit)				
Traditional Dorm (closer to meals and events))	\$220	\$230	N/A	
Suite Dorm Room		\$260	\$270	N/A	
College Linen Rental Option: (sheets, towels,	pillow, blanket)	\$ 30	\$ 30	N/A	
Traditional Dorm lodging option is single (or d	ouble room by re	quest) sharing a	common bathroo	om.	
Suite Dorm lodging option is a single bedroon	n in a 4-room suit	e with two bathro	ooms, kitchen, co	mmon area.	
Unless renting linens, on-campus attendees NEED					
hangers, and reading lamp (if desired). If renting li	. •	·	reading lamp (i	f desired)	
Make check or money order payable to: AFG Sp	oring Convention	on			
Total Amount Enclosed: \$					

Service Opportunity for active Al-An Al-Anon	on or AA mo Topic Meeting		ead a topic	meeting	
# Years in Al-Anon: Three topic meeting	s you are willing	to co-lead:	_ , ,		
1. Finding who you really are in Step 4	Letting go	of outcomes			
2. Setting boundaries for myself and others	10. Finances	in recovery			
3. Self-will and God's will join forces in Step 6	11. How perspective influences thinking				
4. Making and prioritizing your amends list, Step 8	12. Transforming anger and resentment				
5. Finding the courage to change	13. How forgiveness of others helps me				
6. Why saying you're sorry isn't enough, Step 9	14. Living with an attitude of gratitude				
7. Defining intimacy8. Exploring communication skills	15. How humor helps me cope with life16. Accepting your way to peace and serenity				
AA Topic Meeting Topics: # of Years in AA:					
From the book "As Bill Sees It"	i wo topic ilie	settings you are	willing to co-lea	,	
1. In God's Hands - Page 2	3. The Answe	r in the Mirror - F	Page 225		
2 Dividends and Mysteries - Page 171		ght at Last - Pag	=		